



## Community Advisory Committee Member Profile

### KW4 OHT

The Kitchener, Waterloo, Wellesley, Wilmot, and Woolwich (KW4) Ontario Health Team (KW4 OHT) is a collective of 41 member organizations from primary care, home care, hospitals, community and social service agencies, long-term care, mental health, Indigenous health, municipalities, and post-secondary education.

Together with patients and families, the KW4 OHT is working towards co-designing a health and wellness system for all 500,000 plus residents. This system will offer seamless, interconnected care and continuity across providers where everyone receives integrated health and social care, delivered by providers who share responsibility for the outcomes of their patients/client's care.

### Community Advisory Committee– a Network of Networks

Members of the CAC act as ambassadors for the KW4 OHT, accessing their networks to help identify gaps and unmet needs in the community and support the co design of the health system.

Collectively, will be able to access a wide network of residents in diverse communities to help facilitate conversations and understanding as KW4 OHT works towards co-designing a healthier community.

### Roles & Responsibilities

- Attend monthly meetings from September to June to share your experiences or that of the communities within your network.
- Provide feedback on different health-related programs and services to help improve care for KW4 OHT community members.
- Serve as a bridge between the KW4 OHT and community members.
- Identify and provide input on community engagement initiatives across the KW4 OHT area.

### Requirements

- Interest in the health and wellness of the KW4 OHT community.
- Interest in gaining an understanding of Patient-Centred Care and improving the health and wellness experience for patients, care partners and families.
- Experience in the past three years as a patient or the family member/care partner of one who has been a patient in that timeframe.
- Committed to the KW4 OHT's shared purpose and values.
- Able to commit a minimum of 3 hours per month.

### Qualities

- Comfortable speaking in a group and asking for clarification if needed.

- Diplomatic.
- Flexible and patient.
- Objective, balanced, open-minded and respectful of others' experiences, opinions and ideas.
- Promote open dialogue, encourage constructive thinking, respect debate and remain focused on solutions.
- Possess good listening and communication skills and ability to interact with a diverse group of individuals.
- Able to work collaboratively with others (i.e. staff, physicians, other CAC members, care partners).
- Able to share insights and information.
- Able to see beyond personal experiences and represent views of other patients, care partners, family and community members.
- Able to work with, and maintain confidentiality of sensitive information.
- Able to promote the mission of the KW4 OHT through positive interaction with staff, other CAC Advisor and the community.